

## Unity of Loudoun County Core Values

DRAFT

### **SPIRIT CENTERED**

We turn within to connect to Spirit and to receive guidance.

Church:

- Through prayer & meditation we recognize our connection to God and they become the first action in all we do.
- We teach spiritual principles and actions.
- We allow Spirit to lead us and inform all our decisions.
- We apply spiritual principles to all we do.

Individual:

- I actively maintain a daily spiritual practice.
- I attend Unity classes.
- I listen to Spirit's guidance.

### **ONENESS**

We embrace all people as expressions of Spirit.

Church:

- One God; many paths.
- We welcome everyone into our spiritual community.
- We join in community with other faiths.
- We foster authentic relationships among individuals and groups across all generations.

Individual:

- I acknowledge the Christ nature in everyone.
- Our relationship to each other is sacred.
- I attend classes and activities that increase my understanding and acceptance of others.

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### **EXPRESSION**

We consciously shape our lives and our world.

Church:

- We gather to celebrate our divine nature through message, music & meditation.
- We are committed to supporting our children in experiencing themselves as perfect creations of God.
- In our actions and relationships we express the unconditional love we are.
- We actively express love in the world through sacred service.
- Expressing Spirit's abundant flow, we tithe.

Individual:

- I celebrate my divine perfection and wholeness in all I think and do.
- I support each person's spiritual growth.
- I give of who I am, my time, talent and treasure.

### **TRANSFORMATION**

We celebrate the process of spiritual transformation.

Church:

- We teach and learn Unity ideas and principles.
- We use prayer and meditation.
- As we gather, we connect in joy and unconditional love.

Individual:

- I apply Unity's ideas and principles in my life.
- I practice prayer and meditation in my life.
- I behold the Christ in every person.